

# 10 Days to a New You



**You can Correct 5 Major  
Body Chemistry Issues in 10 Days.**

## **1-2-3-4 Tips for Your Body Makeover**

**1. Drink your water formula every day**

(2 quarts+ 8 oz. for every 25 lbs. you need to lose)

**2. Don't skip any meals or snacks listed in eating guide**

**3. Enjoy eating unlimited thermic vegetables**

**4. Enjoy one *Suddenly Slim!* "magic" candy bar per day as a snack from Day 3 through Day 10**

**You'll melt fat even faster while eating *Suddenly Slim!* candy on your program!**

## **10 - Day Body Makeover Now Possible**

Have you ever looked at yourself standing buck naked in front of the mirror . . . and realized that age has taken its toll? Well, cheer up because, thanks to a collaboration of anti-aging scientists and physicians, it is now possible to scientifically correct 5 major body chemistry issues in just 10 days. These body chemistry changes will result in rapid weight loss, inches loss, energy gain, and possibly other physical improvements.

### **Body Correction One - Blood Sugar**

The first correction is the blood sugar lowering through careful attention to the glycemic index. This lowered blood sugar level will increase energy, stabilize mood swings, and trigger the body to release fat.

### **Body Correction Two - Toxicity Level**

The second correction is in body toxicity levels. The average person is carrying around 7-25 pounds of garbage internally at any given moment, so getting rid of that often helps with gas, bloating, bad breath, and body odor. It also non-surgically flattens the tummy while correcting constipation and/or diarrhea issues.

## Body Correction Three - Bacteria and Parasites

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The third correction is vital for management of many health issues --- the control of parasites, candida albicans, and intestinal funguses. If you have ever taken antibiotics, then chances are you have an intestinal flora or candida albicans issue. You also might have one as a result of the food chain exposure. Signs of this problem include dozens of things, like water retention, sugar cravings, mood swings, poor sleep, and allergies.

## Body Correction Four - Body pH Levels

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Adjusting the body's pH balance is the fourth correction. If your body is too acidic, then you will be a "vapor weight gainer," putting on weight rapidly for no apparent reason. You will also be allergy and illness prone and tired, not to mention that people whose bodies are acidic are the ones who get cancer. Being alkaline helps you have more natural vitality and will help you maintain good weight management effortlessly.

## Body Correction Five - Burn that Fat

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And last, but certainly not least, the 10 day body makeover program will turn up the burn on the fat, enhancing metabolism the all-natural way, while controlling appetite. The promise of the program is to lose up to 10 pounds and 10 inches in 10 days. Lots of people experience more spectacular results than that! You simply use the *Suddenly Slim!* system, which includes 14 glycemically - indexed shake meals and all 3 products you need, for just \$59.95 retail.

If you follow the system exactly, you will get quick results that would probably take you up to 2 years to accomplish any other way. What do you have to lose, but a few pounds?

### Success Stories

"I lost 14 lbs. and 26 inches in only 10 days!" - C.S., FL

"I lost 16 lbs. in 10 days and over 100 lbs. in all. I continued to eat a variety of foods. *Suddenly Slim!* changed my life forever." - D.G., SC

"In the 4<sup>th</sup> grade, I weighed 144 lbs. At age 25, I weighed 325 lbs. Then, I ballooned to over 500 lbs. My weight was out of control and my doctors couldn't help me. I had a 72 inch waist (6 feet). I lost over 300 lbs. and 3 feet in my waist. I love my life for the first time in my life!" - A.G., TX

"*Suddenly Slim!* reignited my body. I've now lost 160 lbs! At my high school reunion, no one recognized me. I have a new life!" - M.H., SC

"I can't believe how fast I lost over 70 lbs! I have much more energy, and I feel great! *Suddenly Slim!* Is the easiest program I've ever done! My husband loves the new me! It's a dream come true!" - M.J., SC

"I've gone from a size 24 to a size 8! Before, I was a real food addict. I'm finally free from the food struggle - forever!" - D.W., MI