

Special Weight Loss Alert



How to Adjust your Metabolic Clock

Extra Tip

Besides *L-carnitine*, which metabolizes fat, suppresses your appetite, produces energy, and improves muscle tone, another key element for fat metabolizing and for regulating blood sugar levels is *GTF - Chromiumtm*.

GTF-Chromiumtm has helped thousands of people control sugar cravings, and tests have proved that it lowers serum cholesterol.

Tired of Dieting Failures?

If you are like countless millions of others, the more you have “dieted” over the years, the heavier you have become. In fact, most seriously overweight people are really not interested in weight loss programs . . . because they are tired of failure.

The Ugly Truth about “Quick Fixes”

The first weight lost on the typical low calorie diet is, of course, water loss. Since a pound of fat is 3500 calories, and a person’s caloric needs for a day are often considerably less, it might take two days of absolute fasting for a woman to metabolize a pound of body fat. Even a man, whose caloric intake needs might be much higher, would usually take over a day on a fasting regimen to metabolize a pound of fat. When people fall for the enticing, “quick fix” promises, they are usually experiencing an artificial weight drop, which is largely temporary water loss or --- worse yet --- muscle tissue.

Sensible Approaches for Weight Management

While the importance of adopting a sensible moderate calorie allotment of well-balanced food that provides the minimum recommended daily allowances is vital, a special element with tremendously exciting potential for permanent weight management gained international prominence when Olympic athletes publicized its use. This magic element is *L-carnitine*.

Fat Burning

L-carnitine's major role in the body is to shuttle fats into the mitochondria where they are burned for energy. Mitochondria are actually the "fat-burning chambers" within the body's cells. Without *L-carnitine*, fat cannot enter the inner cell to be metabolized.

Appetite Suppressant

L-carnitine promotes fat-burning, which results in higher energy levels and a sense of well-being. It also acts as a mild appetite suppressant. It is the only non-surgical way to successfully spot-reduce, because L-carnitine triggers the metabolism of fat in areas where it is collected!

Muscle Tone

Besides being a fat burner, an appetite suppressant, and an energy promoter, *L-carnitine* is also recognized for its ability to promote improved muscle tone. The October 1984 issue of *Prevention* magazine related, "After 18 years of gradual muscle disintegration, a 23-year-old woman was a quadriplegic. But daily doses of *L-carnitine* turned this slow decline around in 10 days. And after eight months of *L-carnitine* treatment, her muscles were back to normal."

Become Slimmer and Healthier

Since lean muscle tissue burns approximately five times as many calories as fatty tissue, the introduction of *L-carnitine* into the diet can assist you in permanently becoming slimmer if you have excess body fat, and healthier all over with a strengthened heart muscle. Start on your way to a sensible fat-burning program that will work by calling today to order your supply of the delicious beverage, *Trimbolic* (\$29.95), and the non-lifestyle altering caplets, *Slim 'N Up!* (\$39.95) especially designed to help you energize and reshape your body.

Success Stories

"I lost 10 pounds in 2 weeks!"

"After 3 weeks I lost 10 pounds and I have a lot more energy!"

"I lost 20 pounds in 2 1/2 weeks. This product is delicious!"

"I have taken the product 4 times a day for 5 weeks and have lost over 25 pounds."

"I lost 10 pounds in 12 days by taking the product 4 times daily."

"I lost 9 pounds in 1 week taking the formula 3 times a day."

"I lost 8 pounds in a week and a half!"

"I lost 15 pounds in 9 days!"

Company Name